# Forecision ... for the team





Within this section you'll find all the essentials needed to make sure your match goes without a hitch, as well as a huge range of training aids.

Whatever you'd like to improve on; whether it's speed and stamina or skill and agility, we have everything you need to make the most of every training session.

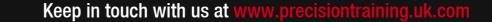
From domes, cones, hoops and hurdles - to pumps, poles and even parachutes; we know our Precision accessories are up to the challenge ahead... but are you?













03

The Precision Pro collection is a carefully-selected range of specialist products that have been specifically developed for the professional game. Our partnerships with the Irish FA and the Welsh FA, along with our relationships with Aston Villa, Burnley FC and many others, are testament to the fact that Precision's training equipment is the No.1 choice for all clubs in the UK.









# 01 TR653 Pro Marker Set 4x Corners, 6x Round Targets, 12x Lines, 20x Disc Cones

Ideal for teaching positioning skills for sports and athletic activities. A special textured back keeps all items in place.

#### 02 Space Markers

Set of 50 x 200mm diameter flexible plastic markers with easy use carrier.

TR549 - Space markers assorted colours (5) yellow, red, white, orange, blue.

TR548 - Space markers single colour, available in yellow, white, blue red, orange.

#### 03 TR652 Mini Pro Cones

Set of 60. Ideal for coaching in all sports. Colour 20 orange, 20 yellow, 20 white

#### 04 TR424 Flat Round Markers

Ten Markers per bag. For marking out training sessions indoor and outdoor. Colour FLUO YELLOW, FLUO ORANGE, RED, BLUE

and WHITE

#### 05 TR658 Neo Speed Ladder

4m ladder with 20" wide soft non-slip rungs. Supplied with a bag.



Precision

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#### 01 TR321 Flat Rubber Marker Discs

Set of 20 markers on metal stand plus carry bag. Diameter: 15cm.

Colour: ORANGE, YELLOW and WHITE.

#### 02 TR320 Large Flat Rubber Marker Discs

Set of 20 markers with non-slip backing grid plus carry

Diameter: 19cm.

Colour: ORANGE, YELLOW and WHITE.

#### 03 TR326 L-Shaped Rubber Markers

Set of 15 markers with non-slip backing grid plus carry

Size: 27cm x 27cm

Colour: ORANGE, YELLOW and WHITE.

#### 04 TR328 Rectangular Rubber Markers

Set of 15 markers with non-slip backing grid plus carry

Size: 34cm x 7cm

Colour: ORANGE, YELLOW and WHITE.

#### 05 TR322 Small Rubber Marker Discs

Set of 50 mixed colour markers with non-slip backing grid on metal stand plus carry bag.

Diameter: 9.5cm

Colour: ORANGE, YELLOW, WHITE, BLUE and RED.

#### 06 TR425 Flat Rectangular Markers

Ten Markers per bag. For marking out training sessions indoor and outdoor.

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Colour FLUO YELLOW, FLUO ORANGE and WHITE



precision



### 01 TR570 1.7mm Boundary Poles (in bag) 03 TR586 Heavy Duty Pole Base

1.7 metre high boundary poles to develop lateral manoeuvring, while the height ensures the athlete's entire body makes the manoeuvre. 4 x Fluo Yellow, 4 x Fluo Orange, 4 x Red (mixed set).

# 02 TR728 Telescopic Boundary poles

Also available in YE LLOW / RED / WHITE

Set of 12 (4 fluo yellow, 4 fluo orange, 4 red). 1.7m high poles with detachable ground spikes. Adjustable from 90 to 170cm (full height), pole diameter: 11/4". Helps to develop lateral manoeuvring. Poles can be used

O5 TR581 Spare Boundary Pole Bag with a base (see above). Supplied with a bag.

New rubberised, heavy-duty base that fits all Precision Training boundary poles and ensure they stay put - even in the windiest of conditions.

#### 04 TR588 Boundary Pole Carry Bag

Boundary pole storage in large numbers. Carry bag with re-enforced base to ensure it can hold in excess of 30 boundary poles for large training sessions.

Holds twelve 1.7m boundary poles with groundspikes.







This harness system uses partner controlled resistance suitable for short sprints and explosive forward movements (pull the red cord to release partner).

### 07 TR482 Dual Speed Parachute

Dual chute for increased resistance with padded waist belt improves speed, strength and resistance. Suitable for distances from 10m -200m.



01 TR727 Free Kick Mannequins (set of 3)

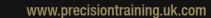
Tubular frame with moulded chest panels. Set of three Including carry bag with handle.

02 TR429 Rebounder

Classic Rebounder 1m sq can be adjusted to alter the angle of rebound.















01 TR452 Pro Corner Posts Set of 4 flexible corner posts with ground insert.

02 TR483 Substitute Board Indicates player number coming on and off the 03 TR706 Speed Agility Hoop Ladder Set Set of 12 attached hoops supplied in a bag.

# 04 TR131 Soccer Skills Net

Mini collapsible net similar to a tennis court net. Can be set at various heights to help improve skills in training sessions. Ideal for head tennis and one-touch tennis. Length: approx 8'

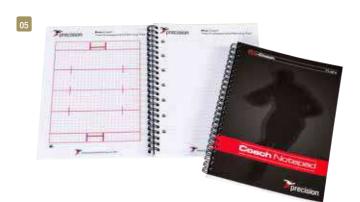


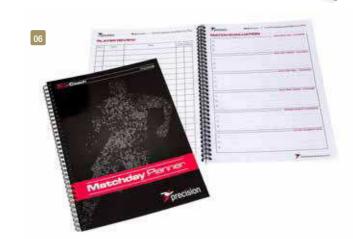
















01 TRA604 A6 Coaches Notepad

02 TRA612 A5 Slimline Scouts Notepad

03 TRA622 A4 Session Planner

04 TRA613 A5 Coaches Notepad

05 TRA614 A5 Coaches Notepad - Rugby

#### 06 TRA656 A4 Match-Day Planner

The complete planning tool for all coaches on match day. Enter team line-ups, pre-match and half-time notes. A total game evaluation requirement with 20 games per





01 TR811 Pro Soccer Coaches Tactic Folder (Magnetic A4)

Ideal for use on pitch side or dressing room. With magnetic board, set play sheets dry wipe marker and pen.

02 TR812 Reversible Soccer Coach Clip Board (Magnetic A4)

Ideal for use on pitch side or dressing room.

03 TR813 Tactic Board

90cm x 120cm folding board.ldeal for use in dressing room. Features a full pitch on one side and set play and full pitch on reverse. With carry bag.

RMTR807 Replacement magnets.

04 TR808 Double sided Tactic Board

(Magnetic 60cm x 90cm).

RMTR806 Replacement magnets.

05 TR809 Tactic Board 30cm x 45cm (Magnetic)

(double sided magnetic) Ideal for use on the pitch side

RMTR805 Replacement magnets.



















#### 01 TR715 Giant Saucer Cone Set

20 giant cones in a bag. 12" width.

#### 02 Collapsible Cones

Set of four plastic safety cones with split sides which will allow them to collapse under pressure and then pop back into shape.

TR702 - 15" TR701 - 12"

TR565 - 9"

#### 03 Traffic Cones - Set of 4

Vinyl cones

TR666 - 18"

TR664 - 15" TR561 - 12"

TR560 - 9"

### 04 TR718 Marker Cone Drill Set

Kit contains: 24 x 9" Pro-cones (8 x yellow, 8 x orange and 8 x red). Supplied in bag.







### 01 TR550 Sports Markers

Set of 40. Ideal for coaching, dribbling and target practice.

#### 02 TR423 Multicolour Round

Flat Markers (8"diameter) Set of 10 markers. Non-slip flexible vinyl. A special textured back keeps all discs in place. Includes carry bag. Colour 2 x YELLOW, 2 x ORANGE, 2 x WHITE, 2 x RED, 2 x BLUE

#### 03 Step Training Hurdle

Indispensable for exercising in striding, jumping, arm control and lateral speed.

- TR563 12"
- TR713 9"
- TR562 6"

### 04 TR564 Adjustable Hurdles with Bag

Set of 6 adjustable step training hurdles from 6" to 12".

# 05 TR707 Hurdle Carry Bag







# TR656 Mini

02 TR659 Telescopic Dome Hurdle Set

TR655 Midi

Height adjustable cross-pole making this a versatile all-surface trainer for circuit work, power and stability.

# 03 TR725 Indoor Speed Agility Ladder

4 metre ladder with 20 inch wide soft, non-slip rungs. Added weights for stabilising position. Supplied with a bag.

#### 04 TR716 Junior Speed Agility Kit

Kit contains: 3 x 6" hurdles, 3 x 9" hurdles, 2 x 2m ladders and 12 x 9"collapsible cones. Supplied in bag.

#### 05 TR717 Ultimate Speed Agility Kit

Kit contains: 3 x 9" hurdles, 3 x 12" hurdles, 2 x 4m ladders, 20 space markers (10 red and 10 blue), 1 speed resistor, 1 x evasion belt, 1 x speed chute and 1 x reaction ball. Supplied in bag.











This ideal training aid forces the feet to adapt to extremely fast patterns of footwork by repeating the exercises over and over.





### TR567 Speed Agility Ladder Set

Ten rungs with cones to set out in any shape to suit any drill. Ideal for both seasoned athletes who need agility and advanced plyometrics and for the younger sportsmen and women.



12 x 23cm cones with 12 holes, 6 x 120cm plastic canes. Cones and canes can be used for many different activities, ideal for skill progression, with speed mechanics and controlled plyometric exercises.



Supplied with 20 x 30cm high cones with a series of 3 holes at different heights to which are fitted ten 1m long poles.



TR657 Multi-purpose Cone Set 6 x 15" cones, 6 x speed rings, 6 x poles



TR582 Flexi Boundary Poles x 12 with Bag

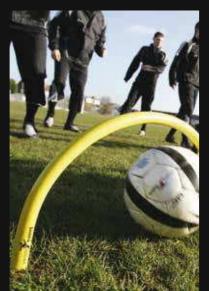
Twelve 1.7m flexible poles (4 fluo yellow, 4 red, 4 fluo orange) with groundspikes. Ground spike fitting can be unscrewed to enable each pole to be used with indoor base (TR575)



et of six clips supplied with bag o fit poles with 1" diameter.

Replacement

(to fit boundary poles).



2" higher - the new improved spiked passing arc helps to build passing accuracy between 2 or



Pole base allows boundary poles to be used on astro or hard ground surfaces.



TR761 Indoor/Outdoor Passing Arcs Six passing arcs, for passing drills and practice in their own carry bag. Removable feet and spikes enable indoor and outdoor usage.











This harness system uses partner controlled resistance. It's suitable for short sprints, lateral shuffles and explosive forward and backward movements.

The attacker tries to break away from the defender, during multi-directional quickness drills, by ripping the Velcro tab on the umbilical between the two. Ideal training for marking and mirroring.

This harness system uses partner controlled resistance. It's suitable for short sprints, lateral shuffles and explosive forward and backward

Straight line speed device to increase sprinting power.Build power with resisted sprinting. Includes sled harness and connecting leads.

Slingshot over-speed trainer to improve leg speed. 1x6m flexi-cord. 2x sprint belts.

















Set of twelve hoops supplied in a bag. Colours red, yellow and blue

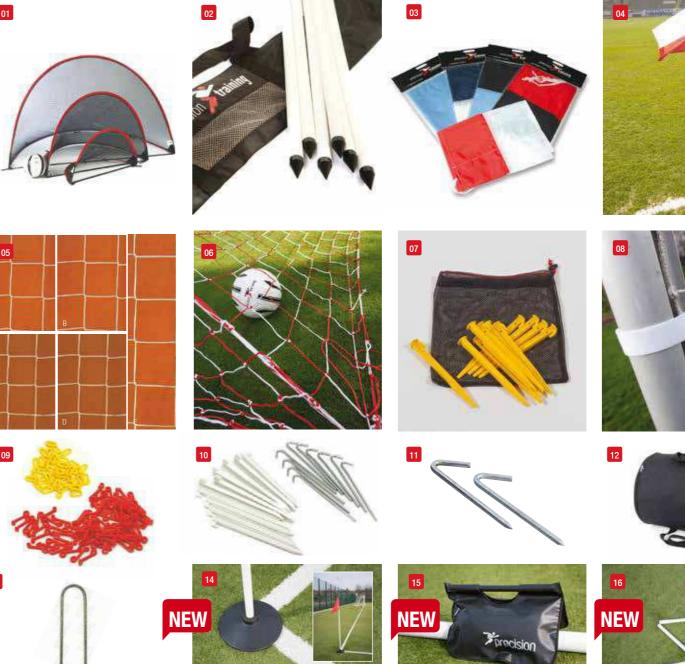
A 30' net with adjustable poles and bag. Can be used at either head or ground setting. Excellent for developing ball and heading skills.

High friction balls around these 60cm hoops stop them skidding around. Put them in various patterns for a range of fast feet drills.

Sharpen up reflexes and reactions with these unevenly shaped balls that bounce unpredictably. Ideal for rehabilitation and hand eye co-ordination.

TR016 20cm TR015 10cm TR014 6.5cm









Ideal for small sided games. Easy to assemble and collapse. All goals come with carry bag and ground anchor pegs.

Nylon carry bag with handles designed to carry 6 poles.

#### 03 TR406 Corner Flags

Single corner flag made from 100% polyester.

Plain emerald , navy, royal , red, yellow

Dual Colour black/white, emerald /white.

sky/black, maroon/sky, navy/white, royal /white, red/black, red/white, yellow/black, yellow/royal

#### 04 TR402 Corner Posts

Set of 4 flexible PVC weatherproof posts.

#### 05 Heavy Duty Goal Nets

A - TR125 24' x 8' 4mm knotless Polythene net

B - TR126 24' x 8' 3mm knotless Polythene net

C - TR128 24' x 8' 2.5mm Polythene net

D - TR129 24' x 8' 1.6mm Polythene net

E - TR130 21' x 7' 1.6mm Junior goals net

#### 06 24' x 8' 3.5mm Polythene Net TR127

Colours white, royal/white, black/white, red/white

#### 07 Plastic Net Pegs TR454

Pack of ten. Colours yellow

### 08 Velcro Net Fasteners 24 x 12" TR135 Pieces

#### 09 Net Clips

Fastclip set of plastic clips for fixing goal nets to posts.

FB418 Easy Clips (80 pack)

### FB417 Net Clips (80 pack)

CG826 (L) Plastic Net Pegs 8" plastic net pegs, in packs of ten. CG827 (R) Wire Net Pegs 7" steel pegs, in packs of ten.

#### 11 Heavy Duty Steel Net Pegs

TR509 in packs of Twenty.

12 Net Carry Bag TRL215 Carries 2 full size goal nets

## 13 Spare Ground Anchor TR510

14 Rubber Corner Pole Base TR426

15 Deluxe Sandbag TR427

16 Collapsible Corner Flag TR484 4 folding corner flag poles in a carry bag (without flag)









# NEW IMPROVED Inflatable Goal Posts- INFLATE and DEFLATE IN SECONDS

Precision goal is a portable goal like no other. A revolution in goals, it has to be seen to be believed.

- Easy assembly Every goal comes with a pre-attached net.
- Complete with its own pump inflates in seconds
- Each goal comes with sandbags and ground anchors
- Easily stored in its own carry bag Fits comfortably in most cars.
   Simple, but then the best ideas usually are.











#### 04 TR1200 ilite

Using the same rigid air technology as the Precision goal, the litte offers easy-to-use portable floodlighting without the need for wiring or generators. Provides approx. 3 hours operation time from a fully charged battery. Includes: sealed waterproof housing unit, 2 x 42watt bulbs, 12v battery with waterproof connections (and carry bag), CE certified battery charger, inflatable frame, pump and a carry bag.

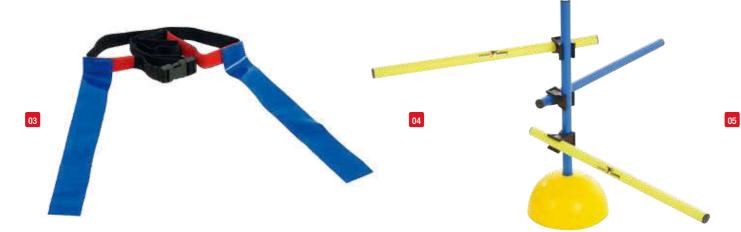












#### 01 Twin Handled Medicine Ball

Twin handled, rubberised medicine balls. Can be used for a variety of gym work and strength and flexibility training programmes.

TR534 4kg

TR535 5kg TR536 6kg

TR536 6kg TR537 7kg

TR538 8kg

#### 02 Medicine Balls

Easy to handle and perfect for indoor and outdoor training.

TR515 5kg TR514 4kg

TR514 4kg TR513 3kg

TR512 2kg

# TR511 1kg

### 03 TR900 Rugby Tag Belt

Ideal for mini-rugby and juniors alike. Also useful as training aids for seniors. Comes with an adjustable belt and velcro fastening tag.

Colours green, blue, yellow.

#### 04 TR578 Multi-Jump Trainer Set

Three adjustable cross-poles makes this a versatile all-surface trainer for circuit work, power and stability.

### 05 TR714 Leg Toner

Helps to maintain proper body positioning for lateral movements and strengthens the muscles responsible for lateral speed.



Features padded ankle collars with an adjustable velcro fit and strong, durable stretchy connector band. Includes carry bag









## 01 TRS913 Precision Training 3000 Series Stopwatch

1/100 second precision lap counter. Time/Alarm. Big digit display. Water and shock resistant. Lithium battery.

### 02 TRS914 Precision Training 2000 Series Stopwatch

Shock resistant and watertight case. Functions: 1/100 second display, time (12/24hr) date and month, alarm. Two year guarantee.

### 03 TRS917 Precision Training 1500 Series Stopwatch

Functions: Split and 1-2 finish, time-out time-in, 1/100 second, 12-24 hr time, month/date and alarm.

### 04 TRS915 Precision Training 1000 Series Stopwatch

Functions: Split and 1-2 finish, time-out time-in, 1/100 second, 12-24 hr time, month/date and alarm.

1 year guarantee.

# 05 TRA700 Precision Training WristWatch

Functions Calendar and time (12/24hr formats), daily alarm, hourly chime, 1/1000 second stopwatch with lap, elevated lighting, ABS case, PVC strap, 3yr Guarantee.







Make sure you've got all the essentials sorted out for your sport. The Precision range of ball carriers, pumps, whistles, inflators, pressure gauges, flags & notebooks ensures that absolutely nothing is left to chance.









#### 01 TR40/TR41 Big C Captain's Arm Band

Senior/Junior Colours: red/white, yellow/black, black/white can be reversed for black armband.

# 02 TR691/TR692 Captain's Arm Band

Senior/Junior Colours: black, blue, green, red.

#### 03 FB521 (top) Wrist Lanyard

Elasticated wrist lanyard. FB522 (bottom) Wrist Lanyard (cord) Traditional, cord wrist lanyard.

#### 04 FB530 ACME Tornado Whistle (L)

As used in FIFA Internationals, Premier League and Champions League. The world's most powerful whistle.

#### 05 FB510 Classic Fox 40 Whistle Official referee's whistle.

06 TR556 Heavy Duty Stirrup Pump Spring clip valve lock and footplate.

# 07 TR551 Stirrup Pump

Durable for club or shop use.

### 08 TR555 Double Action Pump

Padded split leather belt, 4" deep, Precision logo embossed on back.

### 09 TR552 Hand Pump

Display packet with adaptor.

# 10 TR750 6" Hand Pump

Display packet with adaptor.









### 01 TR154 10 Ball Mesh Sack

precision training aids

Nylon mesh sack with drawcord closure. Holds 10 fully inflated size 5 balls.

### 02 TR151 12 Ball Carry Net

Nylon ball carry nets.

#### 03 TR507 Bib Carry/Wash Net (Bibs not included)

#### 04 TR410 Flag Set

1 x red, 1 x yellow flag, 2 x plastic poles with foam

#### 05 TR411 Official Flag Set

2 x quality flags with alloy poles, cased.

## 06 TR554 Referee's Notebook

Red, Yellow card in PVC case with note sheet and pencil

#### 07 TR722 Substitute Board

Improve your pitch side management with the new Precision Training Substitutes board. Red digits for players off, yellow for players coming on.

#### 08 TR553 Ball Gauge

For ball pressure measurement.

#### 09 TR584 Tally Counter

Hand held mechanical counter single lever action counts 0 to 9,999.

#### 10 TR559 Electric Compressor

Powerful and fast durable motor with cut off temperature control switch, complete with adaptor.











Precision shinguards are designed and developed to fit the anatomical form of the leg, giving maximum comfort and performance and superior protection qualities under impact.



TR120 Precision Vortex Slip in Shinguard

Moulded PPCP shell, 6mm plain black EVA backing foam.

Sizes S, M, L Colour YELLOW / BLACK



TR120 Precision Vortex Slip in Shinguard

Moulded PPCP shell, 6mm plain black EVA backing foam

Sizes S, M, L Colour BLACK / RED



TR120 Precision Vortex Slip in Shinguard

Moulded PPCP shell, 6mm plain black EVA backing foam.

Sizes S, M, L Colour WHITE / BLACK



TR121 Precision Stadium Shinguard

Moulded PPCP shell, 6mm plain black EVA backing foam. Stitched, knitted ankle sock.

Sizes S. M. L Colour WHITE / BLACK



TR121 Precision Stadium Shinguard

Moulded PPCP shell, 6mm plain black EVA backing foam. Stitched, knitted ankle sock.

Sizes S, M, L Colour BLACK / RED



Rugby Union Plain Alloy RG874 21mm

RGS017 18mm RGS014 15mm



**Rugby Union** Kite-Marked Alloy

RG860 18mm RG869 15mm



Rugby League Plain21mm.

short, four long.



FB852 Super Pro Screw-in Alloy tipped. Six



FB844 Premier Pro Screw-in metal. Eight short, four long.



FB859 Alloy Screw-in Alloy. Eight short, four long.



Nylon safety screw-in. Eight short, four long.



FB879 League Pro Screw-in metal tipped set. Eight short, four long.



FB805 Match Pro

Screw-in alloy tip two piece stud. Eight short, four long.

FB800 Match Pro 11mm bag of 100. FB801 Match Pro 14mm bag of 100. FB802 Match Pro 17mm bag of 100.



FB860 Ultra Flat

Rubber Screw-in rubber. Set of 12 x 10mm.



FB690 Stocking Ties Elastic with Velcro fastening.



Plastic whistle with lanyard.



Metal whistle with lanyard.



FB503 Plastic whistle.







Flat Laces

Colours black, white

FB050 100cm FB051 140cm FB052 180cm



**Oval Laces** 

Colours black, white FB060 100cm FB061 140cm FB062 180cm



FB648 Standard Needle Adaptor



FB647 Thin Needle



Big 'C' Captain Colours red / white. yellow / black, black / white\*.



\*black / white has black reverse for use as a black armband. TR40 Snr TR41 Jnr



Colours black, blue, green, red. TR691 Snr

TR692 Jnr

Captain Armband















precision training aids

#### 02 TRA120 Water Bottle Carry Bag

Holds 16 bottles (bottles not included). 600 D PVC., two side pockets, two carry handles, double zip and velcro closure.

#### 03 TR719 Elasticated Bottle Numbers

Elasticated non-slip bottle numbers will fit any standard water bottle numbered 1-17 (bottles not included)

### 04 TRA101 Wire Bottle Carrier with 8 x 750ml bottles (White)

#### 05 TRA013 Bottle Carrier (8 bottles)

Holds up to 8 bottles (bottles not included).

# 06 TR700 White Precision Training Water Bottle

# TR603 Black Precision Training Water Bottle

750ml screw top design.

## 07 TR850 10 Bottle Folding Carrier

Holds up to 10 bottles (bottles not included).

08 TR604 Contour Water Bottle Black

TR605 Contour Water Bottle Clear

TR606 Contour Water Bottle White















### 01 TRL201 Team Travel Trolley Bag

600 x 300D PVC.. Extra large heavy-duty wheeled team kit bag. Horseshoe zip enclosure, adjustable carry handles and reinforced sled base.

Colours BLACK / SILVER Size 97 x 47 x 57cm

#### 02 TRL210 Backpack

600 x 300D PVC.. Zip closure, 2 additional zipped front pockets. 1 zipped side pocket and 1 mesh side pocket. Carry handle.

Colours BLACK / SILVER, NAVY / SILVER, BLACK / RED, BLACK / ROYAL

Size 46 x 32 x 17cm

### 03 TRL209 Shoe Bag

600 x 300D PVC.. Double zip opening. One compartment. Carry handle.

Colours BLACK / SILVER, NAVY / SILVER

Size 34 x 19 x 15cm

#### 04 TRL206 Senior Player's Bag

600 x 300D PVC.. Conventional zip closure and additional zipped pocket to front. Adjustable shoulder strap with embroidery and padding.

Reinforced bottom compartment.

Colours BLACK / SILVER, NAVY / SILVER

Size 49 x 29 x 47cm

#### 05 TRL207 Junior Player's Bag

600 x 300D PVC.. Conventional zip closure and additional zipped pocket to front. Adjustable shoulder strap with embroidery and padding.

Reinforced bottom compartment,

Colours black / silver, navy / silver

Size 39 x 24 x 40cm





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# 01 TRL202 Team Trolley Bag

600 x 300D PVC.. Large heavy-duty wheeled team kit bag. Horseshoe zip enclosure, carry handles and reinforced sled base.

Colours BLACK / SILVER, NAVY / SILVER

Size 77 x 33 x 36cm

# 02 TRL105 Three Ball Matchball

3-Ball Matchball carry tube.

#### 03 TRL211 12 Ball Sack

The ultimate in ball carriers with this nylon mesh and PU ball sack. Holds up to 10 fully inflated size 5 balls.

Colours BLACK / SILVER,

#### 04 TRL212 20 Ball Sack

The ultimate in ball carriers with this nylon mesh and PU ball sack. Holds up to 20 fully inflated size 5 balls.

Colours BLACK / SILVER

#### 05 TRL106 Ball Tube

Nylon mesh and PU ball sack. Holds up to five fully inflated size 5 balls with shoulder strap and











No matter what your requirement, Precision Training has a bag to fit your needs. Manufactured to last these rugged bags look and feel great. For heavy applications our trolley bags are ideal.



### 01 TRL208 Travel Bag

600 x 300D PVC.. Horseshoe zip closure and additional zipped pocket to front. Padded carry handles and adjustable shoulder strap with embroidery and padding. Base has four stud

Colours BLACK / SILVER, BLACK / RED / SILVER, BLACK / ROYAL / SILVER, NAVY / SILVER.

Size 55 x 27 x 26cm

#### 02 TRL203 Team Kit Bag

600 x 300D PVC.. Heavy-duty team kit bag with four stud feet. Horseshoe zip closure and padded carry handles. Additional zipped pocket to front and side mesh pocket.

Colours BLACK / SILVER, NAVY / SILVER.

Size 79 x 34 x 38cm

#### 03 TRL204 Budget Team Kit Bag

600 x 300D PVC.. Team kit bag with reinforced base with four stud feet. Conventional zip closure two carry handles.

Colours BLACK

Size 74 x 30 x 40cm











# 01 TRM104 400ml Ice Cold Skin Coolant

A convenient spray provides an instant cooling effect. Can help reduce the sensations of burns, sprains, cramp and inflammation.

#### TRM103 150ml

#### 02 TRM101 Instant Ice Pack x 20

Single use disposable pack. Ideal for soft tissue injuries, sprains, strains, bumps and bruises. Quickly relieves pain and reduces swelling.

#### 03 TRM102 Reusable Hot/Cold Pack

Non-toxic environmentally friendly gel.

Controls swelling and relieves pain. Stays hot/cold for hours. Remains flexible even at low temperatures. Includes removable

#### 04 TRM100 Jet Spray Bottle 500ml

Plastic. 2 spray settings: single jet and wide spray. Nozzle can also be turned off.

#### 05 TRM107 Zinc Oxide Strapping Tape 38mm 10 metres.

TRM108 Zinc Oxide Strapping Tape 25mm 10 metres.

#### 06 TR708 Balance Board

Train your way back to full fitness and to integrate balance into every aspect of sports performance or rehabilitation.





Precision Training offer a full medical range for treatment, prevention and cure. We have a full range of bottles, medical bags and sports injury clinic section.















# 01 TRM265 Team Medi Bag (without content)

# **02 PRM270 Astro Turf Medi Bag Black**Complete with Astro Turf Re-fill Kit plus Spray Bottle.

# 03 TRM262 Medi Touchline Bag Black

Excellent bag which comes complete with Kit C. Includes FREE jetspray bottle.

### 04 TRM260 Medi Run - On Bag Black

Complete with Kit A + Spray Bottle. Excellent value run-on bag, ideal for any standard of club. Comes with full F.A. compliant PT First Aid Kit.

#### 05 TRM264 Medi Grab Bag Black

Complete with Kit C
Excellent starter bag which will complement our larger bags.
Comes complete with small starter First Aid Kit.

### 06 TRM263 Junior Medi Bag Black

Complete with Kit C + Spray Bottle

Excellent junior bag which will complement our larger bags.

Comes complete with small starter First Aid Kit.

07 TR1540 Refill Kit A

08 TR1542 Refill Kit C

#### 09 PRM275 Astro Turf Re-fill Kit

Contents as shown in image 2



TRS101 Long Wrist Neoprene Support Sizes: S, M, L, XL



Neoprene Support

Sizes: S, M, L, XL

TRS225 Wrist Wrap Neoprene Support Sizes: One size fits all



TRS104 Knee Neoprene Support Sizes: S, M, L, XL



TRS105 Knee Free Neoprene Support Sizes: S, M, L, XL



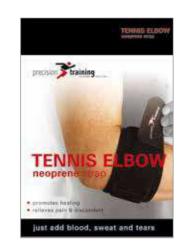
TRS220 Hinged Knee Support Neoprene Support with fibreglass hinges Sizes: S, M, L, XL



TRS222 Left Shoulder Support Neoprene Support Sizes: S, M, L, XL



TRS223 Right Shoulder Support Neoprene Support Sizes: S, M, L, XL



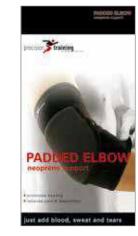
TRS106 Tennis Elbow Neoprene Support Sizes: One size fits all.



TRS100 Ankle Neoprene Support Sizes: S, M, L, XL



TRS107 Padded Knee Neoprene Support Sizes: S, M, L, XL



TRS108 Padded Elbow Neoprene Support Sizes: S, M, L, XL





TRS103 Back Neoprene Support Sizes: One size fits all.

Neoprene Support Sizes: S-M. L-XL



TRS114 Ankle with Straps Neoprene Support Sizes: S, M, L, XL

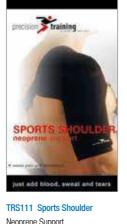




Neoprene Support Sizes: S, M, L, XL



TRS110 Knee Stabiliser Neoprene Support Sizes: S, M, L, XL



Neoprene Support Sizes:: S, M, L



TRS113 Back Support Neoprene Support with stays Sizes: One size fits all.



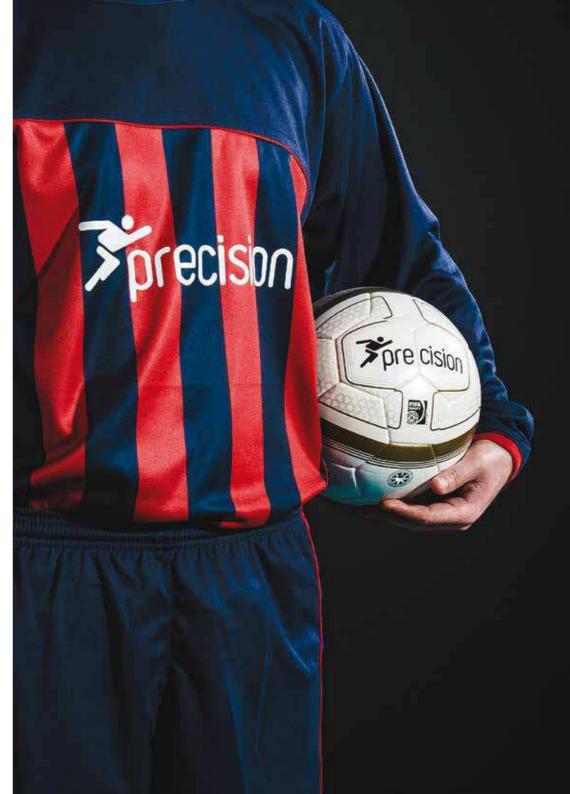
TRS224 Full Shoulder Support Neoprene Support Sizes: S, M, L, XL



TRS230 Back Brace with Stays Neoprene Support with stays Sizes: S/M, L/XL



TRS231 Ankle Brace with Stays Neoprene Support with stays Sizes: S, M, L, XL



# **Garment Care**

Precision garments are made to the highest standards and subject to strict quality control procedures.

However any sporting garment may suffer discolouring or incomplete stain removal.

Following a few simple rules will help your kit to go on looking its best. Staining will vary considerably depending on origin and treatment but discolouration can be reduced by soaking or washing the garment as soon as possible after use, using at least the same volume of water as the garment to be treated.

Always follow manufacturers' instructions when using powder or liquid detergents, especially those intended to tackle heavy staining, and avoid products containing bleach.

Precision cannot accept liability for any damage resulting from any use other than that for which the garment was designed or from decorative additions (such as numbers motifs etc.) other than those supplied by Precision.

In the case of Precision garments that already have decorations and trims, please pay particular attention to washing and ironing instructions as these may become unstable at higher temperatures. However, modern techniques ensure that these decorations should give excellent service and retain their looks if not treated to temperatures higher than 70°C.

Precision is unable to advise on the application of any decorative additions.

Precision reserve the right to amend product design and specification without prior notice. Colours shown are as accurate as possible given the constraints of the printing process.

Disclaimer: Due to being sold as separates slight colour differences can occur in all textiles.